

A Support Network for the GWMC

If you are experiencing a “trying” time and would like to contact someone **in confidence** who has gone through the same experience you may phone/contact that person directly, see list below.

If you are not able to contact that support person you can phone Jim Hunt, 519-821-1577, George Hughes 519-780-0735, Jim Clarke 519-821-7196 or Jim Sanders 519-780-5240.

The following issues and support people who have volunteered to share experiences are listed below.

- Alcohol Addiction – Ray Middleton, 519-836-1066
- Alzheimers, Dementia, Senility – Jim Mottin, 519-822-5278;
- Alzheimers of spouse - Bill Greenaway, 519-766-1316
- Anxiety – John Core, 519-836-6250
- Bipolarism – Ray Middleton, 519-836-1066
- Cardiac Arrest – Keith Devolin, 519-836-7675
- Child Abuse – Ken Hills, 519-836-8414
- Death of a Wife – George Hughes, 519-780-0735; Bill Greenaway, 519-766-1316
- Depression- Jim Mottin, 519-822-5278
- Driving Accident/Worried – Jim Clarke, 519-821-7196
- Family Problems – Vince Wall, 519-836-0622
- Heart Attack – Bob Renton, 519-822-4008
- Inability to Cough Effectively – Danny Butler, 519-763-8409
- Loss of a Child – Dick Haas, 519-843-3113; George Hughes, 519-780-0735
- Loss of a Loved One - Ivor Wright, 519-836-7335;
- Mental Health – Ross Knechtel, 226-706-4058
- Parkinson’s – Ralph Sykes, 519-837-3640
- Prostate Cancer – Lawrie Jackson – 519-763-1595 or 519-763-0035; Ted Pritchard – 519-826-6121
- Suicide In Family – Jim Clarke, 519-821-7196
- Vision Problems/Blindness – Jim Sanders, 519-780-5240

Other topics could include

- * Aging and general health problems
- * Change of Independence
- * Change of Residence
- *Hearing Problems
- * Heart Problems
- * Terminal illness of a spouse or self

If you are willing to be a support person or an additional support person for one of the above topics or to add to this list and/or share your “trying times” this way, please give your name, telephone number and topic to Jim Hunt, 519-821-1577, George Hughes 519-780-0735, Jim Clarke 519-821-7196 or Jim Sanders 519-780-5240.

July 25, 2019